

# Redwoods Care Home, Alness



## Welcome to Meallmore's purpose built nursing home in Alness, twenty miles north of Inverness.

Redwoods Care Home sits within the Old Walled Garden in a beautiful Victorian country estate, surrounded by woodland mainly comprising hundred-year-old giant redwood trees.

At Redwoods Care Home we provide high quality, personalised nursing care for elderly people, including those with dementia and its related conditions.

The home offers 42 fully furnished en-suite bedrooms finished to exceptionally high standards.

We also have some of the latest technology to ensure the safety, well-being and mobility of our residents, while allowing them to retain as much of their independence as possible.

As Care Home Manager, I am committed to developing a relaxed and happy home where people enjoy living and working. We offer residents a variety of activities that can be tailored to their needs to ensure they can socialise and continue to enjoy hobbies.

There are four spacious lounge/dining areas so residents can choose where to enjoy the nutritious meals prepared by our highly skilled catering team.

Our landscaped gardens are safe, secure and easily accessible, providing an attractive area to sit and relax or enjoy a spot of gardening.

Provision of first class care means we encourage residents, and their families, to participate in the home's commitment to quality and become fully involved at all stages of care planning, as well as many other aspects of care home life.

We have access to paramedical staff, including physiotherapists and podiatrists, and there is full medical support from local General Practitioners, the local hospital and the Community Mental Health Team.

*Elizabeth*

**Elizabeth MacKenzie**  
Redwoods Care Home Manager



*Elizabeth MacKenzie,  
Redwoods Care Home Manager*



**Meallmore Ltd**  
*Making Care Mean More*

# Redwoods Care Home, Alness



## Redwoods Care Home offers:

- 42 bedrooms including large deluxe rooms
- Four lounge/dining areas
- 24-hour personal and nursing care
- Nutritious meals with choice of menu, catering for all dietary needs
- Activity and reminiscence room
- Hairdresser available on request
- Easily accessible secure garden with planted areas
- Activities programme
- Paramedical services
- Transport
- Snacks and refreshments available at all times

If you are interested in finding out more about Redwoods Care Home please call me on **01349 884216**. You are very welcome to visit us to view the home and meet with staff or a visit to your own home can be arranged.



**Meallmore Ltd**  
*Making Care Mean More*