

St Olaf Care Home, Nairn



Welcome to St Olaf, a Meallmore care home in the seaside town of Nairn.

At St Olaf we provide high quality, personalised nursing care for elderly people. We also have a specialist unit dedicated for those living with Dementia and have facilities for respite care.

The home offers 42 fully furnished en-suite bedrooms finished to exceptionally high standards. Some of our rooms are suites, and include a small kitchenette and dining facilities.

We also have some of the latest technology to ensure the safety, well-being and mobility of our residents, while allowing them to retain as much of their independence as possible.

As Care Home Manager, I am committed to developing a relaxed and happy home where people enjoy living and working. We offer residents a variety of activities that can be tailored to their needs to ensure they can socialise and continue to enjoy hobbies.

There are six spacious lounge/dining areas so residents can choose where to enjoy the nutritious meals prepared by our highly skilled catering team.

Our landscaped gardens are easily accessible, providing an attractive area to sit and relax or enjoy a spot of gardening. Residents can also choose to pop into our hairdressing and beauty salon for a spot of pampering.

Provision of first class care means we encourage residents, and their families, to participate in the home's commitment to quality and become fully involved at all stages of care planning, as well as many other aspects of care home life.

We have access to allied health professionals, including physiotherapists and podiatrists. There is also full medical support from local General Practitioners, the local hospital and the Community Mental Health Team.

The home is conveniently located in Nairn, close to Inverness.



*Heather Cowan,
St Olaf Care Home Manager*

Heather

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St Olaf Care Home Manager**



Meallmore Ltd
Making Care Mean More

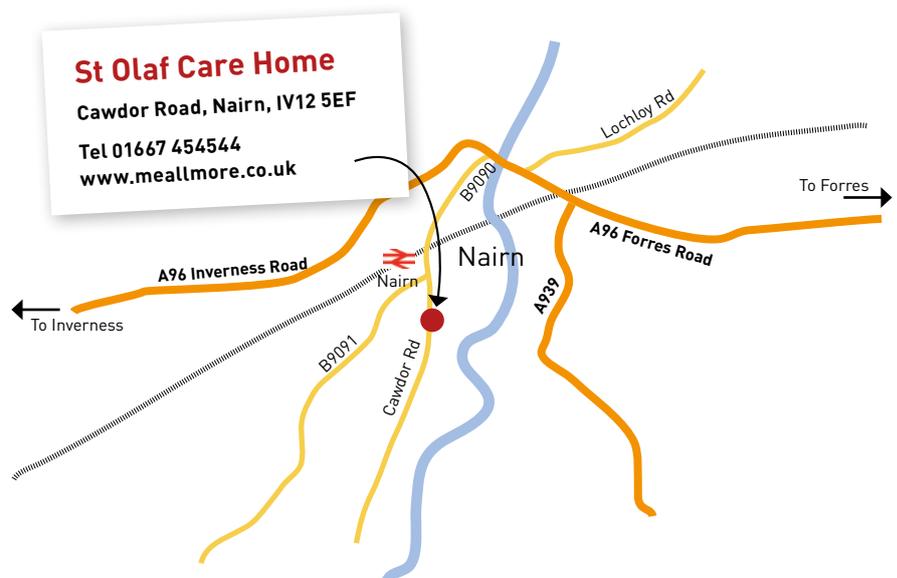
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St Olaf offers:

- 42 bedrooms /suites
- Six lounge/dining areas
- 24-hour personal and nursing care
- Nutritious meals with choice of menu, catering for all dietary needs including textured options
- Hairdressing and beauty salon
- Easily accessible secure garden with planted areas
- Activities programme
- Allied health professional services
- Transport
- Snacks and refreshments available at all times

If you are interested in finding out more about St Olaf please call me on **01667 454544**. You are very welcome to visit us to view the home and meet with staff or I will come and see you in your home.



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