



## NEWS RELEASE

# HILTON COURT CARE HOME, FIFE, ANNOUNCED AS WINNER AT SCOTTISH CARE AWARDS 2020

The team at Hilton Court Care Home has been recognised as some of the leading care home employees in Scotland at a prestigious evening awards ceremony celebrating the contribution of care home staff before and during the Coronavirus pandemic.

Hilton Court Care Home in Fife won the ***Specialist Service/Unit of the Year Award*** at the Scottish Care Awards 2020. This award recognises a service or unit within a care home service that can reflect the specific skills needed to manage and deliver services sensitive to the needs of older people with dementia, other specialist conditions or client groups.

Hilton Court was announced as the winner of the ***Specialist Service/Unit of the Year Award*** at an online Awards Ceremony hosted by presenter, columnist and Pop Idol winner, Michelle McManus and Scottish Care CEO, Dr Donald Macaskill on Friday 14 May 2021.

**Mary Martin, a staff member at Hilton Court, who submitted the award nomination said:**

*"Our service provides rehabilitation care for 32 individuals with differing mental health issues. Residents spend time with us and work very hard to return to the local communities that they have come from. Our staff are dedicated to making every moment count and supporting the residents to become all that they can be, in a safe environment.*

*Mental Health services are few and far between, except for what parts of the old hospital institutions there are left. Services such as ours are needed as a kind of middle ground between hospitals and having their own home. Hilton Court goes one better. We have nine lounges for thirty-two residents.*

*Out of the thirty-two residents, three have their own flat within the building. Assessments are continuous and care plans are exemplary and include Covid-19 care plans. Two of our residents attend college, usually in person, however, this is limited to online due to Covid-19. Some of our residents have voluntary work that they normally attend, however, this has halted temporarily. The residents and staff work together to make these things happen, proving that our residents have input into their own care plans."*

The past year has been difficult for everyone, but it has been especially difficult for our care homes as the Covid-19 virus has presented a particular threat to the lives of residents and staff in care homes for adults.

Yet throughout this time, the dedication and professionalism of staff in supporting residents, families and each other has been exceptional. Care home staff have demonstrated resilience whilst adapting to the challenges of Covid-19. The care home response to Covid-19 has involved new innovative activity, unprecedented collaboration and people going above and beyond the call of duty.

The Care Home Awards was therefore an important opportunity to recognise best practice and all the excellent work within the care home sector. It was an opportunity to say thank you and express our gratitude to all the individuals who make up the care home workforce.

The awards have been hailed a huge success in recognising individuals, teams and companies, who are delivering care at an incredibly high standard in challenging period and within an increasingly demanding work environment.

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