

# **OPEN WITH CARE**

Meallmore Ltd Visiting Guidance



**Meallmore Ltd**  
*Making Care Mean More*

We are delighted to be able to welcome visitors back into our homes and look forward to the further careful easing of restrictions, allowing more family and friends of residents to visit.

We have provided more information on our current visitor's policy and what we anticipate will change over the coming months.

***Please be aware that this guidance may be subject to change due to local government health guidance and care home outbreak status.***

The following guidelines still apply for visitors:

- All visits are to be pre-booked with the care home via the online booking system and visitors are provided a designated timeslot for arrival.
- All designated indoor visitors are subject to Covid-19 screening for each visit and visitors will be offered an LFD test upon arrival.
- All outdoor visitors should arrive and leave at the same time for IPC management.
- All designated visitors must complete a visitor declaration form.
- All visitors are subject to Meallmore screening procedures.
- Outdoor visiting shelters can only accommodate up to 6 visitors from 2 households and the resident. Larger outdoor visiting groups from multiple households will not be able to use these shelters and can arrange to meet in a more open space.
- A maximum of 4 visitors from 2 households will be recommended to attend window visits at any one time to ensure physical distancing can be adhered to.

We understand these last few months have been challenging and some residents may display significant behavioural changes since Level 4 restrictions were implemented.

We ask for your patience and understanding during this time, as our teams work hard to ensure our homes remain as safe as possible for residents and visitors alike.

We ask that all visitors continue to use our handwashing and sanitising stations during their visit.

FRS masks will be provided by the homes to designated indoor visitors in circumstances regarding physical contact and **must** be worn at all times.

If you are unsure about any of the guidance, contact your care home manager or visit our website [www.meallmore.co.uk](http://www.meallmore.co.uk) for more information.

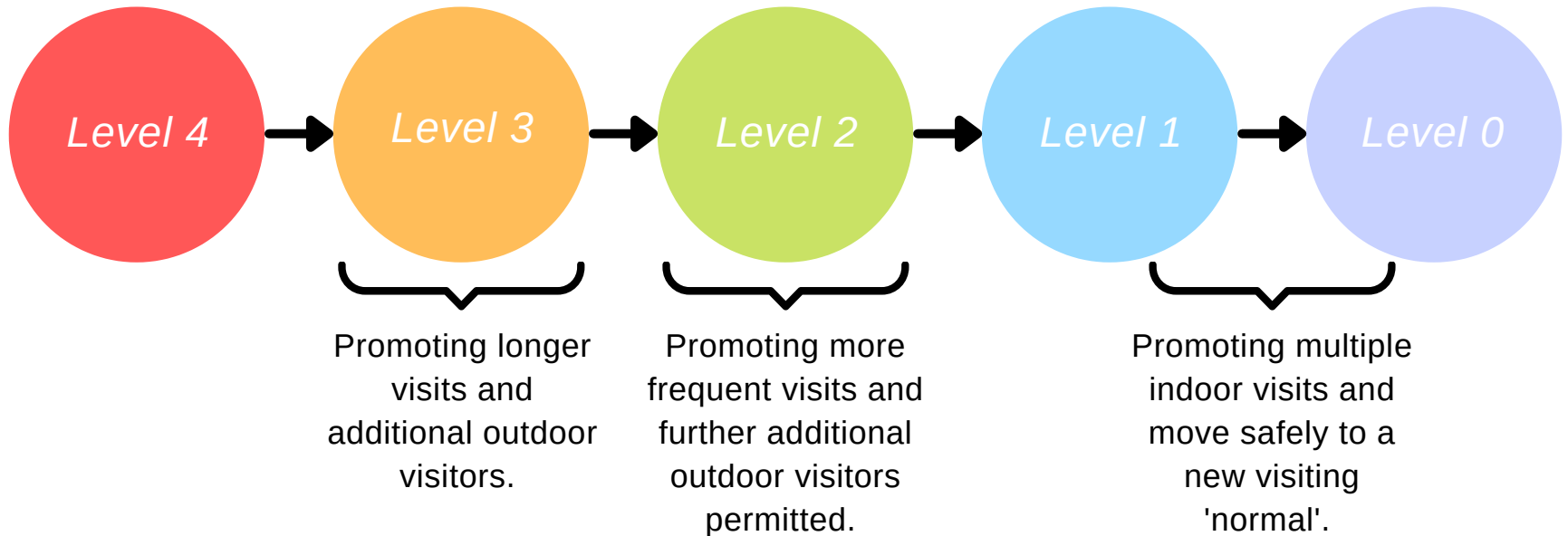


# WHAT WILL CHANGE?

We are working in conjunction with the Scottish Government's 'Open with Care' guidance to ensure sensible, safe steps are taken towards the new visiting normal.

As we gradually move towards Level 0, we still ask all visitors to follow public health guidance, maintain physical distancing when required and wear a mask for the duration of your visit.

We have provided details about what we anticipate will change as we gradually open our homes to visitors but here are the main changes you can expect.



# LEVEL 3



## Indoor Visits

Each resident can have **2 designated visitors** arrange **2 visits per week** (1 person per visit).

Visits can be arranged in communal area or resident bedroom.

Visits will have no time restrictions.



## Outdoor Visits

**6 visitors from up to 6 different households** allowed (assuring physical distancing between households).

**2 outdoor visits per week** in designated visiting areas.

Recommended visiting time is 1 hour with local flexibility.



## Window Visits

**4 visitors from 2 different households** allowed (assuring physical distancing between households).

Visit frequency and length of time to be agreed locally.



## Outings

Walks and outings **outside** care home permitted with any visitor or staff member.

Car trips permitted with **1 designated visitor/staff member**.

To be arranged as part of an organised indoor/outdoor visit.

Length of outing to be agreed locally.

**For more information, visit our website:**

[www.meallmore.co.uk](http://www.meallmore.co.uk)

All guidance is subject to change depending on local public health guidance and outbreak status of the home.

Please refer to all information on page 2 regarding Meallmore Ltd Visitor Policy and Covid-19 guidance.



**Meallmore Ltd**  
*Making Care Mean More*

# LEVEL 2



## Indoor Visits

Residents can have **2 designated visitors** and each resident can have **1 indoor visit per day** (1 person per visit).

Visits can be arranged in communal area or resident bedroom.

Visits will have no time restrictions.



## Outdoor Visits

**8 visitors from up to 8 different households** allowed (assuring physical distancing between households).

**2 outdoor visits per week** in designated visiting areas.

Recommended visiting time is **1 hour** with local flexibility.



## Window Visits

**4 visitors from 2 different households** allowed (assuring physical distancing between households).

Visit frequency and length of time to be agreed locally.



## Outings

All Outings will be arranged with the **home in advance** as per Open with Care 'Outings away from the home' guidance in line with meallmore visiting policy.

For more information,  
visit our website:

[www.meallmore.co.uk](http://www.meallmore.co.uk)

All guidance is subject to change depending on local public health guidance and outbreak status of the home.

Please refer to all information on page 2 regarding Meallmore Ltd Visitor Policy and Covid-19 guidance.



Meallmore Ltd  
*Making Care Mean More*

# LEVEL 1



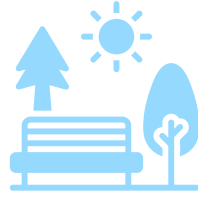
## Indoor Visits

Residents can have **2 designated visitors** and each resident can have **1 indoor visit per day.**

Each visit can be **1 designated visitor** and **1 other person.**

Visits can be arranged in communal area or resident bedroom.

Visits will have no time restrictions.

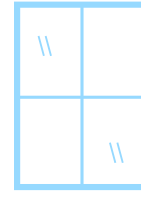


## Outdoor Visits

**8 visitors from up to 8 different households** allowed (*assuring physical distancing between households*).

**2 outdoor visits per week** in designated visiting areas.

Visits will have no time restrictions.



## Window Visits

**4 visitors from 2 different households** allowed (*assuring physical distancing between households*).

Visit frequency and length of time to be agreed locally.



## Outings

All Outings will be **arranged with the home in advance** as per Open with Care 'Outings away from the home' guidance in line with meallmore visiting policy.

**For more information,  
visit our website:**

[www.meallmore.co.uk](http://www.meallmore.co.uk)

All guidance is subject to change depending on local public health guidance and outbreak status of the home.

Please refer to all information on page 2 regarding Meallmore Ltd Visitor Policy and Covid-19 guidance.



**Meallmore Ltd**  
*Making Care Mean More*

# LEVEL 0



## Indoor Visits

Residents can have **2 designated visitors** and each resident can have **1 indoor visit per day**.

Each visit can be **1 designated visitor and 3 other people** (from max 2 households).

Visits can be arranged in communal area or resident bedroom.

Visits will have no time restrictions.



## Outdoor Visits

**8 visitors from up to 8 different households** allowed (assuring physical distancing between households).

**2 outdoor visits per week** in designated visiting areas.

Visits will have no time restrictions.



## Window Visits

**4 visitors from 2 different households** allowed (assuring physical distancing between households).

Visit frequency and length of time to be agreed locally.



## Outings

All Outings will be **arranged with the home in advance** as per Open with Care 'Outings away from the home' guidance in line with meallmore visiting policy.



## Additional Information

Requests for more than 1 visit per day can be discussed at home level.

Outdoor visits remain unchanged to ensure physical distancing and maintain safe number of visiting slots.

Additional outdoor visits and outdoor visitors can be discussed at local level for extraordinary circumstances.

**For more information,  
visit our website:**

[www.meallmore.co.uk](http://www.meallmore.co.uk)

All guidance is subject to change depending on local public health guidance and outbreak status of the home.

Please refer to all information on page 2 regarding Meallmore Ltd Visitor Policy and Covid-19 guidance.



**Meallmore Ltd**  
*Making Care Mean More*