

Welcome to Meallmore's nursing home in Alloa.

At Parklands our aim is to provide a welcoming and homely environment by delivering high-quality, professional, individualised nursing care and support for older people and those living with dementia.

We offer 62 fully furnished en-suite bedrooms, that are finished to a high standard and can be individually personalised. We are very proud of the extensive communal space at Parklands which includes our Sunflower Café, communal lounges, various guiet spaces and four dining areas which all add to the warm



and welcoming feel that the home presents. We also have accessible outdoor space where residents can relax or enjoy a spot of gardening.

We also provide a programme of planned activities and entertainment based on the interests of individual residents, which where practical, involves the local and wider community including the local primary school and entertainers.

As home manager it is my role to provide a safe, comfortable, and stimulating place for residents to live. We encourage residents to remain as independent as possible and support them to make choices regarding their care and environment.

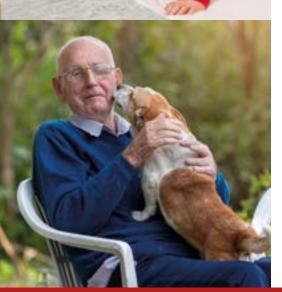
Richard

Richard Catahan Parklands Care Home Manager









Parklands Care Home is conveniently located in Alloa, Clackmannanshire, close to local shops and amenities and only a 20-minute drive from Stirling and 45 minutes' drive from both Glasgow and Edinburgh. It offers:

- 24-hour nursing care
- 62 en-suite bedrooms
- Sunflower Cafe
- Communal lounges and dining areas
- Nutritious meals with menu choice prepared by our in-house Chef
- Hairdressing and beauty salon
- Easily accessible garden with secured planted areas
- Activities programme
- Access to a multi-disciplinary team of Allied Health Professionals

If you are interested in finding out more about Parklands please call me on **01259 720172**. You are very welcome to visit us to view the home and meet with staff or I can arrange a video call.

